

Measurement Guide

<u>Purpose</u>

For whichever reason, we haven't been able to measure you in person ourselves, so we have designed this guide to help you to obtain the most accurate measurements to provide to us. This document will take you through a step by step process on how take accurate body measurements.

Instructions

Please follow these instructions carefully and if at any point you feel uncertain about part of the process, please contact your YSG representative for help.

Type of Measurements

The measurements you provide, must be given in centimetres, using inches leaves too much room for error. By not providing the correct format for the measurements, the process could be delayed as we may need you to remeasure.

The Making Process

The suit we will make for you is not only based on your measurements but also your body posture. During the making process, the pattern is manipulated in such a way to ensure the suit flows in accordance with your body. For this reason, the photos you provide us are of the utmost importance. Please take 3 full length photos, back, front and side and send them through with your measurement form.

Additional Details

If there is something unique about your body that will assist us to get the best fit for you please let us know. Whether that be, you have one arm that is shorter than the other or you've had a shoulder injury and find that the gradient of your left and right shoulders are significantly different. These are all very helpful and useful details.

Upper Body - Jacket

Neck

1. Look straight head when taking this measurement, do not lift your head up. Measure around the middle of the neck with one finger sitting behind the tape measure.



Chest

1. Measure around the fullest part of chest from back to front. Make sure the tape goes over the widest part of the back as well as the chest.





Girth

1. Work out where the narrowest part of your waist is. If you have a big stomach, work out where the widest part of your stomach. Measure around this area from back to front.



Shoulder

1. Locate the outer edge of your shoulder bones. Measure from left to right. Make note of this point for the next measurement.



Sleeve Length

1. Locate the same point that you used for the last shoulder measurement. Start the tape measure 2cm above that point.



2. Run the tape measure down the arm and stop at the point where the hand connects to the the wrist. that you took Find the shoulder point first.



Back Jacket Length

1. Locate the bone at the base of the neck (seventh cervical vertebra). Hold the start of the measuring tape on this point.



2. Run the tape measure vertically down the back to a point just where the bottom finishes.



Front Jacket Length

1.Referencing the photo. Put your left hand on the right shoulder, squeeze your index finger and thumb naturally on the shoulder.



2. Place the tape at this mark, this is the starting point for the front jacket length.



3. Make sure the arm is relaxed and measure down the front of the body to the first knuckle on the thumb.



<u>Bicep</u>

1. Wrap the tape measure around the arm at the largest part.



Wrist

Wrap tape measure about wrist

Lower Body - Trousers

Waist

1. Locate your hip bones or the level where you like the waistband of your trousers to sit. Measure around this area from back to front.



Seat

- 1. Have the person measuring you, squat to the same height at your hips, this will make it easier to take this measurement. Also ensure you have nothing in your pockets when this measurement is being taken
- 2. Making sure the tape measure is perfectly horizontal, bring it to the widest part of your hips and bottom and measure around from front to back.





Thigh

1. Wrap the tape measure around the thigh up the leg closest to the crotch.



Pant Length

1. Find the hip bone, the same as in the waist measurement. This will be the top of the waistband. Measure from this point down to the floor. We will work out the appropriate length of the pants based off this and the type of shoes you plan to wear.



Knee

1. Bend your knee slightly and measure around the widest part.

Calf

1. Measure around the widest part of your calf.